



DATE NIGHT with your 6th grade student!

Check us out at www.extension.iastate.edu/webster/

Your family is invited to attend the nationally recognized **Strengthening Families Program!**
An investment of family time you will not regret! Don't let this opportunity pass by!

Why Should I Attend?

- It's fun & **FREE!!!**
- Snacks or meals are provided! Child Care provided for younger children.
- Students receive **\$3 CASH** each week they attend.
- Students receive a \$25 gift certificate when they graduate from the program.
(Based on attendance)

How long is the program?

- 7-week program (A date night once a week)
- Session lasts for 2 hours (meal: 30 minutes extra)
- 1st hour: Parents & Students participate in separate activities
- 2nd hour: Families work together with facilitators
- Ends before Thanksgiving

Weekly sessions beginning the week of January 26, 2015.

___ Yes! I want to attend the Strengthening Families Program with my student.

Student Name: _____ Parent Signature: _____

****If you plan to attend, please fill out this form & return it to your student's school office or to the Webster County Extension and Outreach office, 217 South 25th Street, C12, Fort Dodge. OR register online at www.extension.iastate.edu/webster/**

Student First Name: _____ Last Name: _____

School Name: _____ Male: _____ Female: _____

Parent(s)/Guardian(s): First Name(s): _____ Last Name: _____

Address: _____ Home Phone: _____
Work Phone: _____
Cell Phone: _____

Indicate your **first (#1)** and **second (#2)** choices for meeting times below.

Supper Provided
___ Monday 5:30-8:00pm
(January 26th)

Supper Provided
___ Thursday 5:30-8:00pm
(January 29nd)

Childcare:
___ Number of children that need
childcare during the SFP session
Ages: _____

**You will receive confirmation by January 20th . All sessions will be held at 1st Presbyterian Church, 1111 5th Ave. N.*

"The Strengthening Families Program (10-14) provided help for solving potential problems, tools for handling situations calmly and fairly, and ways to keep children active in the family throughout their teen years!"

--Quote from a parent that attended prior years' SFP.

**Strengthening Families Program
helps families work together to:**

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- Improve behavior and attitude
 - Respect others
 - Make good choices
 - Deal with stress
 - Resist peer pressure

This program has been successful over the past 12 years with more than 900 families participating from the Fort Dodge area!

For more details about the effectiveness of the Strengthening Families Program, visit the Strengthening Families website at www.extension.iastate.edu/sfp/.

This form can be found on line at www.extension.iastate.edu/webster.